

February 21, 2022



The flip side of guilt is unwillingness to forgive others. If I do not forgive myself, I do not forgive others. If I do not forgive others, I do not forgive myself. The journey is the process of letting go. Surrender!

~ Rita Benson

TODAY'S PRAYER

Dear God,
I choose to start fresh today by giving you everything that is not mine to take care of.
I am willing to be lifted to a higher state of being.
By the power of your love, I let go of any resentments I carry.
With your guidance, I gather only joy, peace, mercy, and harmony.
I bless and forgive all persons, including myself.
This is a brand new day and I am so very grateful.
May love be my gift and my experience.
And so it is.
Amen



St. Paul UMC is selling RADA Cutlery. Not only do they sell cutlery but they also sell soup and party dip mixes, seasoning blends, marinades, no bake cheesecake mixes, cheeseball mixes, baking pans, and cookbooks.

During the last 70+ years we have earned a reputation for remarkable quality and tremendous value. Our employees and their families appreciate you choosing to use Rada Cutlery in your kitchen! This can all be ordered online. The link is <https://radafundraising.com?rfsn=4880802.adaee2>



The Bible Study will be studying the Passion Narrative in Mark's Gospel, chapter 11 through to the end.

Bible Study Sunday mornings @ 9:15 St. Paul UMC
One and all are invited including children and youth!



Prayers for Those in the World and Community

- Prayers of healing and peace for our World
- Prayers for the homeless in our community and world
- Prayers for the young people in our community
- Prayers for healing Mel Gress's daughter, Susan since surgery
- Prayers for healing Claudette (Ronda's sister)
- Prayers for healing Sharon Castle (Strawbridge)
- Prayers for Mackenzie (Sena)

- Prayers for healing Barbara, Deb Sims sister-in-law
- Prayers for healing Amy Lentzner and her brother, Andy
- Prayers for healing Harry Price (Lisa Barton)
- Prayers for healing Mike and Irene
- Prayers for healing Eric Irene's friend
- Prayers for Bill's business
- Prayers for healing Gwen Bond
- Prayers for Delia O'Brien and her mother in hospice care
- Prayers for healing Derek (Jennie's nephew)
- Prayers for healing and peace for Alice, and Sandy Hevner
- Prayers for healing Marvin Ashby (Rebecca)
- Prayers for healing Sharon Almany, mother of Sarah Lowman, and Sarah
- Prayers for healing Pamela Bailey (Wayne's Sister)
- Prayers for healing Darlene Upchurch (Polly's friend)
- Prayers for healing Skip and Betty
- Prayers for healing Terry Templeton (Wayne's friend)
- Prayers for Frank Potee's Pop in hospice care
- Prayers for peace and healing for Octavia (Paul McCourt)
- Prayers for healing Robert Hauf
- Prayers for healing Jesse Inskip
- Prayers for healing and hope Jeff and Sage
- Prayers for the grieving of Jerry's family, Larry T.'s cousin
- Prayers for the Ron Miller family who are grieving
- Prayers for traveling mercies Ruth Ridgely
- Prayers for healing Dave Anania
- Prayers for healing Jim, Debbie's step dad
- Prayers for the Bud Harper Family grieving his loss
- Prayers for healing Sena's co-worker Laurie
- Prayers for healing Freeway
- Prayers for healing Cheyanne Reese

Ongoing Prayer list

- Jean Fitschen
- Prayers for healing Trudy Jo Snader
- Prayers for healing Mary Jane Ecker
- Phillip, son of Becky and Mel Gress
- John, Tiffany, and Jen, cousins of Amanda McCourt, for healing
- Prayers for healing Ruth Lease
- Prayers for healing for Patsy Eyler
- Prayers for healing Larry Younkens and his family
- Prayers for healing-Louise Grabill
- Prayers for healing-Chuck Coles
- Prayers for healing Frank Potee
- Prayers for healing Carl Welsh
- Prayers for healing Patti and Dan Turner
- Prayers for Jack Reese-healing (Kit's nephew)
- Prayers for healing-Riley (Kit's great niece)

- Prayers for healing Martin(Florence's son)
- Prayers for healing George Piscano
- Prayers for healing Larry and Linda Thompson
- Prayers for healing Jim and Jill (friends of Sena)
- Prayers for healing Valerie and Charles